

# *3,2,1,0 waste for travel taste*

## INFO PACK

### *WHAT IS THE COURSE ABOUT?*

'3,2,1,0 waste for travel taste' is 11 month project (1.6.2020 - 30.4.2021-prolonged!!!) of learning mobility - youth exchange. The project is focuses on developing new or upgrading existing approaches to keep the environment as clean as possible in the outermost, peripheral tourist resorts and high-frequency tourist resorts, regardless of to their geographical location. Through the implementation of the project, we want to enable young people from our organization and related organizations from our partnership to engage in a learning mobility activity where they will discuss together about challenges, opportunities and solutions of travelers habits and how to convert them with the appropriate approach to waste reduction which travelers leaking. With the implementation of the project, we want to delve deeper into the specifics of the traveling habits that are constantly changing, we also want to learn about additional challenges, opportunities and solutions that would help minimize the production of garbage at all. By carrying out learning mobility activities, we want to offer young people the opportunity to discuss jointly the characteristics of their places and / or countries that socialize or differentiate, as well as to find answers to their questions themselves, gain a set of ideas and experiences from other countries that would can be modified or fully transferred to your environment. It would mean a great deal for youth to gain examples of good practice and a stimulating environment where, together as a team, they would develop a model that would be useful and meaningful for travelers in all countries.

The implementation of the model should make sense, depending on the specifics of the environment, the location of the tourist destination, the number of travelers inside and outside the season, and the profile of tourists the type of waste most often left behind. Young people will acquire key competences for an appropriate approach in solving the problems of tourist accommodations reducing the amount of garbage. Together, they will develop a common model that is also applicable to other tourist sites or locations in different countries.

Learning mobility will take place in Bohinj at the 'Pod Voglom' hostel, which is also a member of our organization, and the location itself is located in the heart of the Triglav National Park and is also an

excellent example of maintaining a clean nature with frequent frequencies of tourism.

Youth will learn and exchange experiences about:

- What are the specifics of the travel habits and environment that travelers visit
- How young people can participate in (co) designing a model that is useful for tourist accommodation and travelers
- What is the content and linguistic way of approaching travelers and all accommodation providers in order to advocate for changes within the project
- How to change local policies in order to better support activities related to waste reduction in tourist destinations.

Lectures will be held on how hostels within our network cope with the ecological challenges, what is the current experiences and methods for reducing waste in the Bohinj area and other tourist sites within Slovenia. Participants will learn how other hostels deal with this kind of problem.

In addition, the goals of each project activity are:

- To open and evaluate the ecological specificity of tourist destinations
- Identify travel habits in terms of type / amount of waste
- Recognize the potential of tourist accommodations where changes or upgrades can be made
- Encourage young people to interactively and mutually develop ideas, to find common solutions that conserve the environment
- Develop a relaxed and unobtrusive approach model for maintaining an environmentally friendly destination
- Develop, through non-formal education, the participants' self-confidence in reaching out to local authorities with the aim of presenting a comprehensive eco-utility model
- Strengthen the language competencies urgently needed by travelers and young people who are part of travel organizations.
- Promoting the participation of young people at the international level in terms of sharing experiences and ideas needed for eco-conscious travel.

## *Dates for Advance Planning Visit (APV):*

**14.1. - 16.1. 2022**

Type your text

Arrival date: 14.1.2022

Departure date: 16.1.2022

Venue: Bohinjsko jezero, Slovenia

## *Dates for Youth Exchange:*

**24.9.2022 - 1.10.2022**

Arrival date: 24.9.2022

Departure date: 1.10.2022

Venue: Bohinjsko jezero, Slovenia



*Partners: Slovenia, Croatia, Portugal, Spain*

## *THE VENUE*



The project will take place in a beautiful small village Ribčev Laz by Lake Bohinj in municipality of Bohinj, in Slovenia.

Slovenia is a European country with a geographical position in the far north of the Mediterranean and in the far south of Central Europe. Slovenia borders to the west with Italy, in the north with Austria, in the northeast with Hungary, and in the east and south with Croatia. It lies at the junction of the Alpine, Mediterranean, Pannonian and Dinaric worlds.

The official language is Slovenian, the currency is euro.



Map of Slovenia and the location of municipality of Bohinj



Lake Bohinj and Ribčev Laz  
photo by: art.com



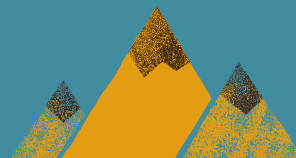
We are going to stay in the Hostel pod Voglom.

Ribčev Laz 60, 4265 Bohinjsko jezero, Slovenija  
ALTERNATIVE: Hostel Pr'Budkovič - 5 km away

+386 (0)40 864 202

info@pac.si

<https://en.pac.si/>



Hostel Pod Voglom

Before  
your trip, if it is necessary  
please arrange your visa.

Check your travel  
documents and their validity!!

EU citizens must have  
documents valid until the  
day you leave Slovenia.



## TRAVELLING FOR THE PROJECT

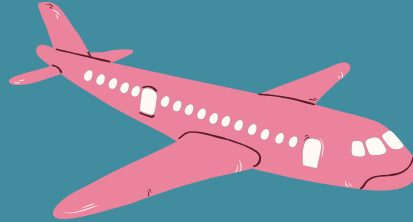
Hostel Pod Voglom is located near the city of Kranj.

Regarding all of the travelling information below, please check for the cheapest travel option from your city and contact HI Slovenia Project Team ([info@youth-hostel.si](mailto:info@youth-hostel.si)) for route and price approval.

If you travel by air, please see the nearest airports listed below:

**Jože Pučnik Airport – Brnik – Ljubljana.** It is 60 km from the Hostel. The airport is accessible bus from Kranj or Ljubljana.

- Airport Graz
- Airport Zagreb
- Airport Venice
- Airport Vienna
- Airport Klagenfurt



From The airport Brnik - Ljubljana: The fastest connection is from the airport via Kranj, from which there is a regular bus line with frequent buses to Bohinj (every hour during the day) that stop right in front of the Hostel, station name "Pod Voglom" - alternative - Bohinjska Bistrica. The route you propose should be to reach the city of Kranj and if it is necessary, the Project Team will arrange your transportation between Kranj and Ribčev Laz (final destination).

## TRAVELLING TO KRANJ

There is an option either to travel by bus or by train.

You can book your train travel here:

<http://www.slo-zeleznice.si/en/>

You can book your bus travel here:

<http://arriva.si/en/>



### By Train

Ljubljana-Jesenice-Bohinjska Bistrica – You can reach us by train from Ljubljana via Jesenice, where you need to change trains. Bohinjska Bistrica railway station is 6km away from Ribčev Laz. From Bohinjska Bistrica there is a regular bus line, from where buses depart approximately once every hour during the week and a little less often on weekends — towards Ribčev Laz. Exit at Pod Voglom bus station (one further than Lake Bohinj).

Nova Gorica – Most na soči – Bohinjska Bistrica – From the west from Italy and Nova Gorica, the train passes through Most na Soči and you exit at Bohinjska Bistrica train station, where there are regular bus connections to Pod Voglom.



### By Bus:

From Ljubljana: from Ljubljana to Bohinj a regular bus line Ljubljana–Kranj–Radovljica–Bled–Bohinjska Bistrica going every day. Departure from Ljubljana is once every hour during the day, except weekends and during the holidays when there are less busses. The bus stops directly in front of the Hostel pod Voglom, the name of the stop is "Pod Voglom" and is the penultimate station on this line or one stop after the station "Bohinj Lake".

From Bohinjska Bistrica: If you are arriving by train, you will get off the train in Bohinjska Bistrica, from where the bus runs once every hour during the day (8.52, 9.52, etc...), a little less often on the weekend.

The bus stops directly in front of the Hostel pod Voglom, the name of the stop is "Pod Voglom" and is the **penultimate station on this line** or one stop **after** the station "Bohinj Lake".

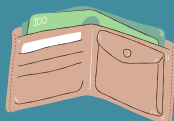
## REIMBURSEMENT OF TRAVEL COSTS

This mobility of youth workers is financed by the Erasmus+ programme, meaning the costs related to food and accommodation will be completely covered by the hosting organization.



Travel costs are refundable 100% for participants who attend all the sessions, commit themselves fully to the activities and provide all ORIGINAL tickets, boarding passes and invoice emails. The maximum reimbursement per participant from each country is as follows:

1. SLOVENIA – 180 euro
2. CROATIA – 180 euro
3. SPAIN – 275 euro
4. PORTUGAL – 360 euro



Travel costs that are incurred outside the project dates will only be reimbursed when booked with the pre-booking approval of the HI Slovenia Project team.

Note: Transfers by Taxi will not be refunded!!





## HEALTH INSURANCE

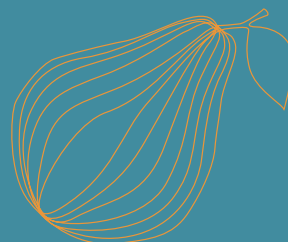
Before your trip, please arrange your international health insurance. Citizens of the European Union, the European Economic Area and Switzerland exercise the right to emergency or necessary health services in the Republic of Slovenia on the basis of the European Health Insurance Card, which they provide in their country before they come to Republic of Slovenia. They can use the European card to provide health services that are necessary for medical reasons, taking into account the nature of the services and the expected length of stay in the Republic of Slovenia, directly with doctors and health institutions that are part of the public healthcare network.

## PREPARATION AND WHAT TO BRING?

1. The weather in Slovenia in October may be variable. This year at the time of project mobility we expect the lowest daily temperatures 5° degrees and maximum 19° degrees, so bring autumn clothing with you. Bring also some sports clothes and sport sneakers.
2. At least one laptop for one national group
3. Intercultural night. During one of our first evenings together, you will have the opportunity to share with the group interesting things about the country you are representing. Whether you are 100% native, or have just been living there for a few weeks, we want to hear your thoughts and feelings about that culture. This is the time to find fun ways to share your country's culture, maybe through traditional food and drinks, modern music and dance, or anything else you can think of. We encourage you to bring famous food, drinks and snacks from your countries. We will have access to a refrigerator to keep things fresh.

## DIETARY, HEALTH, & OTHER SPECIAL REQUIREMENTS

Please inform us as soon as possible, if you have any food allergies or special dietary requirements or that we can inform the hotel caterers and so that they can prepare meals that are suitable for you. If you have any other allergies (animals, fabrics, chemicals, etc.), need to take regular medications or foresee a need for general medicines during your time in the Slovenia (for example headache tablets, travel sickness pills, etc) please arrange to bring these yourself as we are unable to provide them for you. If you have any health conditions, disabilities or mobility issues that you feel we need to be aware of or that you feel may affect your participation in the training course activities, then please let us know what they are and how best to assist you.





## CONTACT DETAILS & EMERGENCY NUMBERS

If you have any further questions or require any other information before you travel please contact the hosting organization or the contact person at your relevant Project Partner organization. The youth-exchange coordinator and your official contact persons whilst in the Slovenia are: Snežana Jurišić, e-mail: [snezana.jurisc@youth-hostel.si](mailto:snezana.jurisc@youth-hostel.si), mob: + 386 31 486 568 (also Viber) and Igor Jurišić, e-mail: [igor.jurisc@youth-hostel.si](mailto:igor.jurisc@youth-hostel.si), mob: +386 41 738 094 (also Viber).

A month before the youth exchange will be formed the Facebook group you will join. In the group, participants can get to know each other before the Youth Exchange you will receive additional information about the mobility. The group will be dedicated only to the participants of this project. When you come to the youth exchange you will be given a mentor and then you will get all the necessary contacts of your mentor.

If you have a health, safety or fire emergency whilst in Slovenia, please immediately phone: European Emergency Number: 112

Other emergency numbers:

1. Police – Kranj: +386 (0) 4 233 62 00 or 113
2. Health center – Kranj: +386 (0) 4 208 20 00 or 112
3. Firefighters – Kranj: +386 (0) 4 237 52 51



Key information regarding **Covid-19** can be found on the website of slovenian National Institute of Public Health <https://www.nijz.si/en>

## *Embassys of partner organisations (countries) in Slovenia:*

1. Croatia: <http://www.mvep.hr/si/veleposlanistvo/kontakt-in-delovni-cas/>
2. Spain: <http://www.exteriores.gob.es/Embajadas/LIUBLIANA/es/Paginas/inicio.aspx>
3. Portugal: <https://www.viena.embaixadaportugal.mne.pt/en/>

## ACCOMODATION

**Hostel** pod Voglom with the Rodica annex is located in one of the most beautiful locations, on the southern shore of Lake Bohinj, 2 km from Ribčev Laz and 3 km from the lower station of the Vogel cable car.

Hostel pod Voglom was selected in 2010 and 2014 as the best hostel in Slovenia in the evaluation of the Tourist Association of Slovenia, and in 2011 we were awarded as the 1st hostel in Slovenia a certificate of quality (High Quality).

Hostel pod Voglom has its own beach and outdoor sports center Pac sports and is located right next to Lake Bohinj. Among our main clients are also school groups or sports teams in preparation, for which the immediate vicinity of the lake and the Bohinj mountains and cycling routes provides an ideal starting point for the implementation of programs and workshops in nature. The hostel is a meeting place and a starting point for all sports activities.

The facility is equipped with the entire infrastructure, it also has wi-fi. For food (breakfast, lunch, dinner) will be provided within the accommodation facility and at the location of the project.



### *Please bear in mind:*

1. Sharing rooms: You will be sharing a room with another person of the same sex in mixed national groups.
2. Staying in Slovenia: Please note that HI Slovenia will not provide any additional accommodation for your stay in Slovenia outside of the project date. For those arriving before and/or staying the project activity, it is your own responsibility to arrange accommodation for these dates.
3. Wifi: There will be available WI-FI.
4. Slippers: To ensure for the place to stay clean, please bring some slippers with you.

More about Room Layout in Hostel Pod Voglom, you can find on this link:  
<https://en.pac.si/hostel-pod-voglom>

### *Partner organisations*

Type your text

1. SLOVENIA - Popotniško združenje Slovenije / Hostelling International Slovenia
2. CROATIA - Hrvatski ferijalni i hostelski savez / Croatian Youth Hostel Association
3. PORTUGAL - Movijovem – Mobilidade Juvenil – Cooperativa De Interesse Publico De Responsabilidade Limitada
4. SPAIN - Consorcio para la Presencia y Promoción del Alberguismo Juvenil / Consorcio REAJ

### *HOW TO APPLY*

We need total 8 participants from each country, 7 of them have to be 18 - 29 years old on last day of youth exchange + one more person as a group leader, old 18+ (without limit).

We looking for participants who are in any way connected with the organization that is part of the project partnership of this project (directly employed in the hostel or association of hostels, volunteers, members, journalists and remote reporters, etc.) Please, write short motivation letter why do you want to be a part of this youth-exchange. You can write it in your mother tongue and send to your sending organisation. You will receive the application form separately by e-mail.



# Accommodation in pictures



This youth-exchange has been co-funded by the Erasmus+ Program. If you would like to find out more about the program, please visit: <http://ec.europa.eu/programmes/erasmus-plus/>

