

GREENLAB

FROM SUSTAINABLE IDEAS TO ACTION



01-09 NOVEMBER 2026

TÜBINGEN, GERMANY





WELCOME TO GREENLAB

Welcome to GreenLab: From Sustainable Ideas to Action, a youth exchange that brings together young people from Germany, Croatia, Italy, Romania, Serbia and Türkiye for nine days of creativity, cooperation and green action in Tübingen.

Over our time together, we will explore sustainability, eco-entrepreneurship and active citizenship through non-formal education. GreenLab is designed as a safe, supportive and youth-led space where you can experiment, share ideas and turn everyday environmental concerns into real, small-scale action. It is not only about learning new tools, but about building confidence, initiative, solidarity and the belief that your ideas matter.

WHY ARE WE MAKING THIS PROJECT?

Many young people care deeply about the environment but feel unsure how to actually do something about it. Sustainability is often discussed only in theory, while young people rarely get the chance to experiment, fail, learn and build real initiatives connected to their daily lives. This gap between awareness and action creates frustration – even among those who care most.

GreenLab responds to this reality by creating an international learning space where young people can meet across borders, build trust and transform green ideas into concrete initiatives. The project connects sustainability with eco-entrepreneurship, creativity and non-formal education, showing that green action does not have to be perfect or big to be meaningful. By working together internationally, participants realise that their challenges are shared – and that collective solutions are possible.

OBJECTIVES



01

To strengthen young people's understanding of eco-entrepreneurship as a practical and accessible way to respond to environmental challenges.

02

To develop skills for transforming sustainable ideas into concrete initiatives and small-scale actions.

03

To encourage creative and innovative thinking when addressing ecological and climate-related issues.

04

To build confidence among young people to take initiative, experiment and learn through practice.

05

To promote teamwork, communication and intercultural cooperation through shared green challenges.

06

To raise awareness about responsible consumption and sustainable lifestyles, and to promote European values such as solidarity, active citizenship and respect for nature.

PARTICIPANTS PROFILE



GreenLab is designed for young people aged 18–25 who are interested in sustainability, creativity, community engagement and youth participation. No specific educational background or previous experience is required – just motivation and curiosity.

THE PROJECT IS ESPECIALLY MEANINGFUL FOR PARTICIPANTS WHO:

CARE ABOUT THE PLANET

Want to move from worrying about the environment to actually doing something, through hands-on, youth-led activities.

ARE OPEN TO DIVERSITY

The exchange brings together young people from six countries and encourages openness, empathy and intercultural learning.

WANT TO GROW AND PARTICIPATE

A good fit for those who want to build confidence, strengthen communication skills and take part in an active, inclusive group experience.

VALUE INCLUSION AND EMPATHY

Especially relevant for young people who want to be part of a respectful, supportive and participant-centred learning environment.

HOW WILL WE WORK

The project is based on non-formal education, participation, inclusion and learning by doing. During the exchange, we will work through:

- team-building and trust activities
- interactive workshops and idea labs
- creative brainstorming and green idea development
- forum theatre and role play
- stakeholder simulations and decision-making games
- group work and co-creation of outputs
- daily reflection circles
- Youthpass-based learning reflection
- intercultural evenings and informal exchange

Participants actively shape the process through experience, collaboration and creative practice. Youth workers support the group as facilitators and mentors, not as traditional leaders.

PROGRAMME FLOW



ARRIVAL AND SETTLING IN

The first moments of the exchange will focus on arrival, orientation, getting to know the venue, and building a welcoming atmosphere.

PEOPLE, PURPOSE AND A SAFE SPACE

Through icebreakers, team-building and group agreements, participants get to know each other, discover the Youthpass competences and co-create a safe, inclusive space based on respect and shared responsibility.

GREEN ISSUES INTO OPPORTUNITIES

Participants explore real environmental challenges from their own communities and learn to see them not just as problems, but as opportunities for creative action and eco-entrepreneurship.

ECO-ENTREPRENEURSHIP AND CREATIVE METHODS

Through real-life examples, forum theatre and role play, participants explore how green ideas can respond to real needs, build empathy and test sustainable choices in a creative, hands-on way.

GREENLAB CREATION DAY

A full day of teamwork to co-create the main project outputs: the Youth Guide to Eco-Entrepreneurship, the Eco-Entrepreneurship Challenge, the Green Ideas Lab Book and creative video content.

ERASMUS+ PATHS AND SHARING IMPACT

Participants discover Erasmus+ opportunities and the EU Youth Goals, and prepare to act as multipliers and ambassadors in their communities.

SHOWCASE, CELEBRATION AND YOUTHPASS

The exchange closes with a public GreenLab Showcase for the local community (also streamed online), participatory evaluation, Youthpass certificates and celebration.

REFLECTION AND FOLLOW-UP

Every day includes reflection time. At the end, participants evaluate the experience, celebrate their learning and prepare green follow-up actions for their local communities.

LEARNING OUTCOMES

By the end of the exchange, participants are expected to strengthen knowledge, skills and attitudes connected to sustainability, creativity and active participation.



KNOWLEDGE

- what sustainability means in everyday life and how it connects to consumption, production and lifestyle
- eco-entrepreneurship as a way to respond to environmental problems – not only as business, but as social and community action
- how environmental decisions are made and how young people can influence them
- Erasmus+ opportunities, the EU Youth Goals and European values

SKILLS

- teamwork, communication and intercultural cooperation
- creativity, problem-solving and critical thinking
- turning an idea into a simple action plan, testing it and adapting it
- digital, documentation and dissemination skills
- confidence in presenting ideas and results

ATTITUDES

- initiative, confidence and a proactive mindset
- responsibility towards the environment
- solidarity, empathy and openness to diversity
- respect for different perspectives
- willingness to take action locally while thinking European

ACCOMMODATION



The youth exchange takes place at the DJH Jugendherberge Tübingen (Hermann-Kurz-Straße 4, 72074 Tübingen), a youth hostel set directly on the river Neckar, at the edge of Tübingen's historic old town and only about a 10-minute walk from the main station and city centre.

All participants and group leaders stay together at the same venue, which allows continuous learning, informal exchange and group bonding beyond the planned sessions. Fittingly for a green project, the hostel is EU-organic ("Bio-Siegel") and Bett+Bike (bike-friendly) certified.

THE HOSTEL PROVIDES:

- free Wi-Fi in public areas and seminar rooms
- multi-bed rooms (2-, 3- and 4-bed), many with private bathroom, plus barrier-free rooms
- breakfast buffet and meals with regional cuisine
- daily vegetarian dishes; vegan and gluten-free options on request
- free water and tea
- a riverside terrace, table tennis, table football and games
- seminar rooms for our workshops and group work
- a lockable bike room and e-bike charging
- Please tell us your dietary needs and any accessibility needs in advance so everything can be arranged. More practical details about rooms, check-in and arrival will be shared with selected participants before the mobility.



TRAVEL & REIMBURSEMENT



Travel costs are reimbursed on the basis of real costs and only up to the maximum travel limit for your country. If you spend less than the limit, you are reimbursed only what you actually spent. If you spend more, the difference is covered by you. The nearest airport is Stuttgart Airport (STR). From Stuttgart, take a regional train to Tübingen main station (about 50–60 minutes), then it is a 10-minute walk to the hostel, or bus line 22 (direction Lustnau) to the "Jugendherberge" stop. Frankfurt Airport (FRA) is a further option, roughly 2.5–3 hours by train.

TRAVEL LIMITS PER PERSON (ROUND TRIP)

- Croatia: up to 309 €
- Italy: up to 309 €
- Romania: up to 309 €
- Serbia: up to 309 €
- Türkiye: up to 309 €
- Germany: 0€

BEFORE REIMBURSEMENT CAN BE MADE, YOU MUST

- get approval for your itinerary before buying tickets
- buy return tickets
- keep all original physical and digital travel documents
- send all requested reimbursement documents on time

IMPORTANT RULES

- Do not buy any ticket before your travel plan is approved.
- Partner organisations must first send the proposed travel plan to the organisers for approval.
- Only the cheapest and most reasonable route will be reimbursed.
- **Taxi is not reimbursed.** Use public transport or other approved travel options.
- Keep all travel documents: invoices, booking confirmations, tickets, and boarding passes.
- Missing documents may delay reimbursement or make reimbursement impossible.
- Reimbursement will be made after the project, once all required documents have been submitted.

TRAVEL DATES

The project dates are 1–9 November 2026 (activity 2–8 November, with 1 and 9 November as travel days). Please arrive on 1 November and depart on 9 November. Any extra nights or personal costs outside these dates must be arranged and covered by participants themselves, and tickets far outside the travel days will not be reimbursed.

SAFETY WELLBEING INCLUSION



The safety and wellbeing of all participants is a priority throughout the project.

Before the activity, participants receive practical information about travel, accommodation, health and safety, and expectations. Important participant information – including emergency contacts, insurance and relevant health or dietary needs – is collected confidentially in advance. Valid travel/health insurance for the full trip is mandatory.

DURING THE EXCHANGE:

- organisers and group leaders are available throughout the mobility
- clear group agreements guide respectful, inclusive behaviour
- facilitators create a supportive and participant-centred learning environment
- "safe persons" are clearly identified so everyone knows whom to approach
- participants are never pushed to share more than they feel comfortable sharing
- daily reflection spaces are provided
- extra support and reassurance is offered to first-time travellers and participants with fewer opportunities

YOUTHPASS & FOLLOW-UP

At the end of the exchange, every participant receives a Youthpass certificate. Youthpass is more than a certificate – it is a reflection process that helps you understand and describe your learning. Through daily reflection and final evaluation, participants identify the competences they developed and connect them to their future education, work and civic engagement.

The project also continues after the mobility. Participants are encouraged to:

- adapt and share the Youth Guide to Eco-Entrepreneurship and the Green Ideas Lab Book locally
- take part in the Eco-Entrepreneurship Challenge and test one green action in daily life
- share the project videos and their experience on social media
- run local follow-up activities such as workshops, school presentations or community actions
- explore future Erasmus+ and local youth opportunities

WHAT TO BRING?

Please make sure you come prepared for workshops, movement-based activities, and November weather in Berlin.

DOCUMENTS

- passport or ID card
- health insurance card or private travel insurance
- any travel documents requested by organisers

CLOTHES & PERSONAL ITEMS

- comfortable clothes for workshops and activities
- warm layers and a rainproof jacket
- toiletries and personal care products
- personal medication if needed

USEFUL THINGS

- notebook and pen
- reusable water bottle
- reusable mug or cup
- a few cultural items for the intercultural evening
- positive energy, openness, and readiness to participate

You may also be invited to prepare a short group contribution, such as an energiser, creative activity, or intercultural input. Final preparation instructions will be shared later.



HOSTING ORGANIZATION



World Citizen School Alliance e.V. is a non-profit organisation based in Tübingen, Germany. Since 2017 it has worked in global citizenship education, social innovation, entrepreneurship education and value-based learning, using the approach of "learning through responsibility." Through its projects, the organisation empowers young people to become active, reflective and responsible citizens by combining non-formal education, experiential learning and real-life engagement.

Within GreenLab, World Citizen School Alliance coordinates the partnership and brings experience in youth participation, sustainability and non-formal learning.

FINAL NOTE

This project is not just about attending a mobility. It is about stepping into a shared space of creativity, courage, cooperation and responsibility for our planet..

COME READY TO IMAGINE.

COME READY TO CREATE.

COME READY TO TURN SUSTAINABLE IDEAS INTO ACTION.

APPLICATION FORM

<https://forms.gle/YHdYyMYti91pQWbz6>

CONTACT

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SEE YOU IN TÜBINGEN!



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